

The 56th Tokyo Swimming Center Open Meet 2025 SWIM & DIVE

Oct 30th - Nov 3rd

2025

SWIMMING INFORMATION



Welcome to TOKYO!

Tokyo, one of the world's largest cities, offers a uniquely eclectic mix of traditional and contemporary attractions. Please enjoy Tokyo and beyond during your stay for the Meet.







VENUE

Tokyo Aquatics Centre

The Tokyo Aquatics Centre is one of the new facilities commissioned by the Tokyo Metropolitan Government for the Tokyo 2020 Games. It served as the venue for aquatics sports, including Olympic disciplines such as Swimming, Diving, and Artistic Swimming, as well as Paralympic Swimming. Spectator seatings are on large scale and the main pool, diving pool, and sub pools are all certified to the international standards. Additionally, there are facilities equipped with trampolines, dry boards, training pits for diving practice, and other related equipment.

The exterior pillars resemble bamboo groves, while the pool's ceiling features an origami motif, showcasing Japanese characteristics throughout the building.





HOTELS

There are several hotels within walking distance of the pool.

TOKYO EAST SIDE HOTEL KAIE



Prince Hotel Tokyo Bay Shiomi



APA HOTELS & RESORTS TOKYO BAY SHIOMI





EVENTS

HOSTED by

TOKYO SWIMMING CENTER / TOKYO SWIMMING ASSOCIATION

Accredited by: JAQUA "Japan Swimming Federation"

EVENT & RULES

	Age 9 and under	Age 10-11	Age 12-13	Age 14-15	Age 16-17	Age 18 or over
Freestyle	5 0 m	5 0 m · 1 0 0 m 2 0 0 m	5 0 m · 1	00m·200m·4	400m·800m·	1 5 0 0 m
Backstroke	5 0 m	50m·100m		5 0 m · 1 0	0 m · 2 0 0 m	
Breaststroke	5 0 m	50m·100m		5 0 m · 1 0	0 m · 2 0 0 m	
Butterfly	5 0 m	50m·100m		5 0 m · 1 0	0 m · 2 0 0 m	
Individual Medley	2 0 0 m		2 0 0 m · 4 0 0 m			

*The schedule will be released in August.

All events included for competition shall be conducted under the rules of JAQUA.

The 800 and 1500m freestyle will be timed finals, while the other events will be preliminaries and finals. In the finals, the top 10 finishers in each age group will be eligible to compete regardless of the results of the preliminary races.

You are not able to withdraw the final except for unavoidable circumstances.

In the event of swimmers from the same or different heats have equal times, swimoff shall be conducted to determine which swimmer shall advance to the respective finals.

Heats will be conducted for all age groups regardless of age categories. However, in the event that the 400m and above events, divisional finals and alternates have the same record, priority will be determined by lot drawing.



APPLICATION

KEY DATES

22th September 2025	Deadline of apply for event.
3rd to 5th October 2025	Application Confirmation Period
5th October 2025	Last day to change application.

^{*}Official Practice Day: Oct 29th

FEE

Group entry fee 5,000 YEN per team

Personal entry fee 2,000 YEN per event

Startlists 2,000 YEN per booklet (Presales only)

Team registration fee 20,000 YEN

Contact & Apply

Eito OSAKI

TOKYO SWIMMING CENTER Swim Coach

E-mail: oosaki@tokyo-sc.com



If you have any questions or concerns regarding the meet, please feel free to contact.



^{*}Please apply only in need of our support to accommodation. In principle, each team should make its own arrangements; there are many hotels in the vicinity of the Venue.

^{*} International teams are required to pay a 20,000 JPY administrative fee per team. Please note that prices are subject to change.

AWARD

Best Award will be selected to one swimmer from Championships regardless the gender and Junior Best Award from each F/M age Groups.



Best Award Swim & Dive

Each Group Best Awards

Reiko NAKAMURA

In each events, medals will be presented for up to third place and certificates for up to eighth place. Best Award winners will receive a trophy and extra prizes from our sponsors.



OTHERS

VISA

VISA assistance is available to the ones duly registered for the meet by Issuing an Invitation letter.

https://www.mofa.go.jp/mofaj/toko/visa/otoiawase.html

If you need assistance, please contact oosaki@tokyo-sc.com. We will provide VISA assistance by Issuing an Invitation letter to the ones duly registered for the meet.

TRANSPORTATION

HANEDA Air Port →

Taxi**♠** → 20min

Train $\longrightarrow 40min(Need to transfer)$

Bus—+Train<u>—</u> → 45min

VENUE

<Nearest station>
TATSUMI
SHIOMI
SHINKIBA

NARITA Air Port 🥕

Taxi♠ → 45min

Bus $\overline{+}$ +Train $\underline{\underline{\hat{m}}}$ \rightarrow 75min

Train $\longrightarrow 80min(Need to transfer)$

<mark>VENUE</mark>

<Nearest station>
SHINKIBA
SHIOMI
TATSUMI



^{*}If you need our assistance, please feel free to ask.

We look forward to welcoming you.



Tokyo Swimming Association

